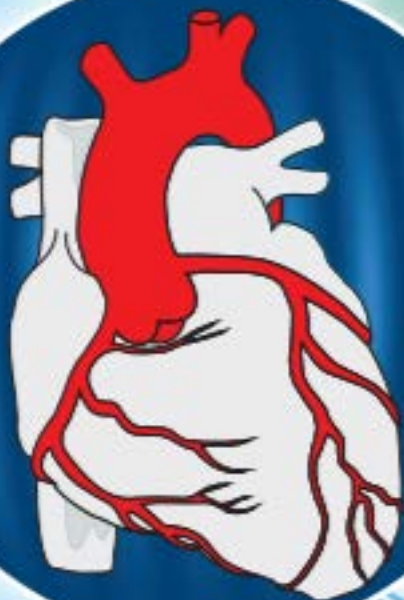


Much Ado About
CORONARY ARTERY DISEASE
&
HEART ATTACK

Myths and Realities of Cause, Cure and Prevention



Manu Kothari
Lopa Mehta

Expert's Opinion

I thoroughly enjoyed reading Drs. Manu Kothari and Lopa Mehta's book on the new angle to coronary artery disease which looks closer to reality than all the theories doing the rounds so far. The authors have gone deep into the subject with their wisdom of studying many other diseases looking at them from a newer perspective. I like their way of looking at it from biophilosophic angle. Looking at a thing from the same angle is not progress. Progress comes from refuting false dogmas in any field, much so in medical science where most things are still not settled. When one looks at anything from a new angle new wisdom dawns on her/him.

Any serious student of medicine and all those that think the tiger of coronary artery disease is going to eat them up should read this book which will make them live longer sans anxiety. Fear kills! This book is a good remedy for imaginary fear psychosis in this area.

I see daily young people dropping down dead of the first heart attack while septuagenarians jug on with exertional angina for decades. My sixty years of *anubhooti* does not make me any the wiser but this book has opened a new vista of knowledge to me.

I loved the book and recommend that unconditionally to all those with an appetite for new knowledge. I do not think the status quirts enjoy it as they cannot see reason in anything. They are just rote learners and I call them 21st century illiterates, who are those that cannot unlearn the wrong things that they learnt to relearn newer wisdom. The sub specialist catheter pushers will benefit most from this book when they come out of their monetary obsession.

May this book get a very good reception in the readers' circles both scientific and lay readers.

Professor Dr. B.M. Hegde

Padma Bhushan

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